

## Dilation Information

Dilation is a way for the doctor to check the health of the inside of the eye. 2 or 3 eye drops need to be put in the eye in order for the pupil to enlarge, allowing the doctor to check for conditions like glaucoma, cataracts, and retinal problems. The drops cause 3-5 hours of sensitivity to light and blurriness, mostly affecting near vision.

Reasons to dilate include:

- First time patient at this office
- Diabetic patient
- Flashes or floaters noticed
- High prescription
- Greater than 2 years since last Dilation
- Greater than 60 years old

If you fall into any of these categories, we strongly recommend dilation

\_\_\_\_ Yes, I would like to be dilated                      \_\_\_\_ No, I would not like to be dilated  
\_\_\_\_ Yes, but at a later time

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*Patient or Guardian signature*

## Lifestyle Analysis

Please answer the following questions regarding your lifestyle. These answers will help us better determine what type of lenses will provide you with the best vision.

**Please check all that apply:**

- I have trouble seeing at night.
- My job/lifestyle involves both indoor and outdoor activities.
- I am uncomfortable with the weight and/or thickness of my glasses.
- I am light sensitive.
- I have trouble with close work while:
  - reading     using my computer     partaking in my hobbies
- I participate in active or competitive sports.
- I am bothered by glare, reflections and/or halos.
- My current eyewear doesn't meet my performance needs for work and recreation.

**Regarding my current eyewear, I am *satisfied* with the:**

- Vision       Comfort       Look/style

**Regarding my current eyewear, I am *dissatisfied* with the:**

- Vision       Comfort       Look/style